

जुलाई 2021 प्रसारण अनुसूची

Transmission Schedule for July, 2021

कक्षा 10 की समय सारिणी

TIME TABLE OF CLASS 10

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	वीरवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
हिन्दी	हिन्दी	गणित	गणित	संस्कृत	اردو (उर्दू)	सामाजिक विज्ञान (इतिहास)
सामाजिक विज्ञान (भूगोल)	सामाजिक विज्ञान (भूगोल)	विज्ञान	विज्ञान	सामाजिक विज्ञान (अर्थशास्त्र)	हिन्दी	सामाजिक विज्ञान (राजनीति विज्ञान)
Science	Science	Social Science (History)	Social Science (History)	Mathematics	Social Science (Pol. Sc.)	Social Science (Economics)
Mathematics	Mathematics	English	English	Science	Social Science (Geography)	Social Science (Geography)

***Note: Watch live and interact with subject experts on Every Friday from 3:00pm – 4:00 pm. Please follow the NCERT Facebook Page (<https://www.facebook.com/ncertofficial/>) for the topics of session.**

You can watch the live sessions through NCERT Official You tube channel:
<https://www.youtube.com/channel/UCT0s92hGjqLX6p7qY9BBrSA>

To see the exact timings of the programmes:
https://www.swayamprabha.gov.in/index.php/program/current_se/32

***The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel**

***Watch Live programmes on every Friday at 3:00 pm to 4:00 pm**

***Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday**

विषय Subject	कार्यक्रम का शीर्षक Title of the Topic	माध्यम Medium	अवधि Duration
-----------------	---	------------------	------------------

01 July 2021			
गणित	पाठ-5: समान्तर श्रेढियाँ -1	हिन्दी	0:30:06
विज्ञान	पाठ- 5:तत्वों का आवर्त वर्गीकरण-1	हिन्दी	0:20:12
Social Science (History)	Chapter 5: Print Culture and the Modern World	English	0:26:04
Language (English)	Chapter -5: The Hundred Dresses-I (Part -1)	English	0:27:52

02 July 2021			
संस्कृत	पाठ - 5: जननी तुल्यवत्सला-1	Sanskrit	0:23:07
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-5: उपभोक्ता अधिकार	हिन्दी	0:17:53
Cultural Heritage: Art, Music & Dance	NRP Role Play 2014: Ajmer	हिन्दी	0:11:02
Mathematics	Chapter 5: Arithmetic Progressions-1	English	0:32:30
Science	Chapter 5: Periodic Classification of Elements-1	English	0:16:56

03 July 2021			
Urdu	Chapter-1: Bhola	Urdu	0:22:14
Cultural Heritage: Art, Music & Dance	National Role Play - Maharashtra	हिन्दी	0:07:45
हिन्दी	पाठ-5: कवि और कविता : कवि सूर्यकांत त्रिपाठी निराला: और उनकी कविताएँ	हिन्दी	0:21:52
Social Science (Political Science)	Chapter 5: Popular Struggles And Movements-1	English	0:24:18
General	Personal Safety	English	0:14:19
Social Science (Geography)	Chapter 5: Minerals And Energy Resources-1	English	0:15:59

*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel

*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm

*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

ONE CLASS, ONE CHANNEL

04 July 2021			
सामाजिक विज्ञान (इतिहास)	पाठ-4: औद्योगीकरण का युग-1	हिन्दी	0:18:28
सामाजिक विज्ञान (राजनीतिविज्ञान)	पाठ-5: जन-संघर्ष और आंदोलन-1	हिन्दी	0:26:06
Social Science (Economics)	Chapter 5: Consumer Rights-2	English	0:23:38
General	Personal Safety	English	0:14:19
Social Science (Geography)	Chapter 5: Minerals And Energy Resources-2	English	0:17:30

05 July 2021			
हिन्दी	पाठ-5: सूर्यकांत त्रिपाठी 'निराला'	हिन्दी	0:28:27
सामाजिक विज्ञान (भूगोल)	पाठ-5: खनिज तथा ऊर्जा संसाधन	हिन्दी	0:26:20
Cultural Heritage: Art, Music & Dance	Aao Sair Karen – Porbandar	हिन्दी	0:04:32
Science	Chapter 5: Periodic Classification of Elements-2	English	0:19:36
Mathematics	Chapter 5: Arithmetic Progressions-2	English	0:33:59

06 July 2021			
हिन्दी	पाठ-5: सूर्यकांत त्रिपाठी निराला	हिन्दी	0:28:27
सामाजिक विज्ञान (भूगोल)	पाठ-5: खनिज तथा ऊर्जा संसाधन	हिन्दी	0:26:20
Science	Chapter 5: Periodic Classification of Elements-3	English	0:26:43
Mathematics	Chapter 5: Arithmetic Progressions-3	English	0:26:54

07 July 2021			
गणित	पाठ-5: समान्तर श्रेणियाँ -2	हिन्दी	0:29:08
विज्ञान	पाठ-5: तत्वों का आवर्त वर्गीकरण-2	हिन्दी	0:28:27
सांस्कृतिक विरासतकला : और शिल्प	कला से बदलाव	हिन्दी	0:12:45
Social Science (History)	Chapter 5: Print Culture and the Modern World-1	English	0:22:38
Language (English)	Chapter -5: The Hundred Dresses-I (Part -2)	English	0:25:37

*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel

*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm

*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

ONE CLASS, ONE CHANNEL

08 July 2021			
हिन्दी	पाठ-3: देव	हिन्दी	0:24:04
सामाजिक विज्ञान (भूगोल)	पाठ-3: जल संसाधन	हिन्दी	0:25:04
Science	Chap 3: Metal and Non-Metal Part-4	English	0:30:54
Mathematics	Chap-3: Pair of Linear Equations in two Variables- 4	English	0:33:13

09 July 2021			
गणित	पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-1	हिन्दी	0:33:17
विज्ञान	पाठ-3: धातु एवं अधातु	हिन्दी	0:38:50
Social Science (History)	Chapter 3: The Making of a Global World- 3	English	0:31:26
Language (English)	Chp-3:The Ball Poem	English	0:29:46

10 July 2021			
गणित	पाठ-3: दो चर वाले रैखिक समीकरण युग्म भाग-2	हिन्दी	0:19:39
विज्ञान	जिंक, आयरन, लेड तथा कॉपर धातुओं की सापेक्षित अभिक्रियाशीलता का अध्ययन करना	हिन्दी	0:15:17
विज्ञान	लोहे की कील की जलिये कॉपर सल्फेट विलयन के साथ रासायनिक अभिक्रिया का अध्ययन करना और मैग्नीशियम रिबन वायु में दहन का अध्ययन करना	हिन्दी	0:10:28
Social Science (History)	Chapter 3: The Making of a Global World- 3	English	0:31:26
Language (English)	Chapter 4: From the Diary of Ann Frank - 1	English	0:24:50
General	Emotional Well Being and Mental Health (E)	English	0:04:57

*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel

*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm

*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

ONE CLASS, ONE CHANNEL

11 July 2021			
सामाजिक विज्ञान (इतिहास)	पाठ-4: औद्योगीकरण का युग-2	हिन्दी	0:25:25
सामाजिक विज्ञान (राजनीतिविज्ञान)	पाठ-5: जन-संघर्ष और आंदोलन-2	हिन्दी	0:24:54
General	Personal Safety	English	0:14:19
Social Science (Economics)	Chapter 5: Consumer Rights-3	English	0:19:31
Social Science (Geography)	Chapter 5: Minerals And Energy Resources	English	0:27:47

12 July 2021			
हिन्दी	पाठ-5: कवि और कविता : कवि सूर्यकांत त्रिपाठी निराला: और उनकी कविताएँ	हिन्दी	0:21:52
सामाजिक विज्ञान (भूगोल)	पाठ-5: खनिज तथा ऊर्जा संसाधन	हिन्दी	0:26:20
General	Growth & Health (H)	हिन्दी	0:04:20
Science	Chapter 5: Periodic Classification of Elements	English	0:26:29
Mathematics	Chapter 5: Arithmetic Progressions	English	0:26:12

13 July 2021			
हिन्दी	पाठ-5: कवि और कविता : कवि सूर्यकांत त्रिपाठी निराला: और उनकी कविताएँ	हिन्दी	0:21:52
General	Health And Sanitation (H)	हिन्दी	0:06:39
सामाजिक विज्ञान (भूगोल)	पाठ-5: खनिज तथा ऊर्जा संसाधन	हिन्दी	0:26:20
General	Gender Equality (E)	English	0:07:09
Science	Chapter 5: Periodic Classification of Elements	English	0:26:29
Mathematics	To find the n term of the series of arithmetic progression	English	0:07:03
Mathematics	To visualize the formula for sum of first n terms of an Arithmetic Progression	English	0:10:14

*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel

*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm

*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

ONE CLASS, ONE CHANNEL

14 July 2021			
गणित	पाठ-5: समान्तर श्रेढियाँ -4	हिन्दी	0:28:41
General	Safety and Security (H)	हिन्दी	0:05:42
विज्ञान	पाठ-6: जैव प्रक्रम-1	हिन्दी	0:21:50
Social Science (History)	Chapter 5: Print Culture and the Modern World-1	English	0:22:38
Cultural Heritage: Art, Music & Dance	Print Art	हिन्दी	0:20:43
Language (English)	Chapter -5: The Hundred Dresses-I (Part -2)	English	0:18:47

15 July 2021			
गणित	पाठ-5: समान्तर श्रेढियाँ	हिन्दी	0:23:29
विज्ञान	पाठ-6: जैव प्रक्रम-2	हिन्दी	0:24:08
General	Personal Safety	English	0:14:19
Social Science (History)	Chapter 5: Print Culture and the Modern World-2	English	0:24:29
Language (English)	Chapter-6: The Hundred Dresses-II- 1	English	0:30:06

16 July 2021			
संस्कृत	पाठ - 6: सुभाषितानि-1	Sanskrit	0:24:51
Cultural Heritage: Art, Music & Dance	Swang: Gopi-Uddhav Samvaad	हिन्दी	0:34:09
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-5: उपभोक्ता अधिकार	हिन्दी	0:17:53
Science	Chapter 6: Life Processes -1	English	0:19:39
Mathematics	Chapter- 6 Triangles- 1	English	0:15:18

*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel

*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm

*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

17 July 2021			
Urdu	Chapter-2: Naya Qanun	Urdu	0:26:05
हिन्दी	पाठ-6: कवि और कविता : कवि नागार्जुन और उनकी कविता "यह दंतुरित मुसकान और फसल"	हिन्दी	0:24:06
Cultural Heritage: Art, Music & Dance	Tie and dye	हिन्दी	0:25:51
Social Science (Political Science)	Chapter 5: Popular struggles and movements	English	0:19:39
Social Science (Geography)	Chapter 6: Manufacturing Industries -1	English	0:16:47

18 July 2021			
सामाजिक विज्ञान (इतिहास)	पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-1	हिन्दी	0:22:06
Value Education	Meena: I Am Meena	हिन्दी	0:15:22
सामाजिक विज्ञान (राजनीतिविज्ञान)	पाठ-6: राजनीतिक दल-1	हिन्दी	0:23:29
Social Science (Economics)	Chapter 5: Consumer rights	English	0:22:32
General	Mental Health and Well Being -1	English	0:21:02
Social Science (Geography)	Chapter 6: Manufacturing Industries -2	English	0:13:13

19 July 2021			
हिन्दी	पाठ-6: नागार्जुन	हिन्दी	0:24:33
सामाजिक विज्ञान (भूगोल)	पाठ-6: विनिर्माण उद्योग-1	हिन्दी	0:23:29
Health, Physical Education/Yoga/ Sports	Judoo pt. II	हिन्दी	0:19:02
Science	Chapter 6: Life Processes -2	English	0:19:40
Mathematics	Chapter- 6 Triangles- 2	English	0:21:12

*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel

*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm

*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

ONE CLASS, ONE CHANNEL

20 July 2021			
हिन्दी	पाठ-6: नागार्जुन	हिन्दी	0:24:33
सामाजिक विज्ञान (भूगोल)	पाठ-6: विनिर्माण उद्योग-2	हिन्दी	0:22:13
General	Gender Equality (H)	हिन्दी	0:07:22
Science	Chapter 6: Life Processes -4	English	0:21:16
Mathematics	Chapter- 6: Triangles- 3	English	0:30:04

21 July 2021			
गणित	पाठ-6: त्रिभुज-1	हिन्दी	0:24:17
विज्ञान	पाठ-6: जैव प्रक्रम	हिन्दी	0:35:01
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Dance Competition: Boys Navodaya Vidyalaya	Punjabi	0:06:25
Social Science (History)	Chapter 5: Print Culture and the Modern World	English	0:26:04
Language (English)	Chapter-6: The Hundred Dresses–II- 2	English	0:24:32

22 July 2021			
गणित	पाठ-6: त्रिभुज-2	हिन्दी	0:32:44
विज्ञान	पाठ-6: जैव प्रक्रम	हिन्दी	0:35:01
Social Science (History)	Chapter 5: Print Culture and the Modern World	English	0:26:04
Language (English)	Chapter-6: The Hundred Dresses–II- 3	English	0:22:20

*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel

*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm

*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

23 July 2021			
संस्कृत	पाठ - 6: सुभाषितानि-2	Sanskrit	0:28:01
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-5: उपभोक्ता अधिकार	हिन्दी	0:24:38
Cultural Heritage: Art, Music & Dance	Parichakali Folk Dance of Lakshadweep Islands	English	0:15:50
Science	Chapter 6: Life Processes -4	English	0:21:16
Mathematics	Chapter- 6: Triangles- 4	English	0:25:18

24 July 2021			
Urdu	Chapter-2: Naya Qanun	Urdu	0:26:05
हिन्दी	पाठ-6 : कवि और कविता : कवियत्री महादेवी वर्मा और उनकी कविता	हिन्दी	0:28:17
General	Safety and Security (H)	हिन्दी	0:05:42
Social Science (Political Science)	Chapter 6: Political Parties	English	0:19:11
Social Science (Geography)	Chapter 6: Manufacturing Industries	English	0:31:14

25 July 2021			
सामाजिक विज्ञान (इतिहास)	पाठ-5: मुद्रण संस्कृति और आधुनिक दुनिया-2	हिन्दी	0:24:38
सामाजिक विज्ञान (राजनीतिविज्ञान)	पाठ-6: राजनीतिक दल-2	हिन्दी	0:24:31
General	व्यक्तिगत सुरक्षा	हिन्दी	0:17:02
Social Science (Economics)	Chapter 5: Consumer rights	English	0:22:32
Social Science (Geography)	Chapter 6: Manufacturing Industries -1	English	0:16:47

***The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel**

***Watch Live programmes on every Friday at 3:00 pm to 4:00 pm**

***Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday**

ONE CLASS, ONE CHANNEL

26 July 2021			
हिन्दी	पाठ-6: कवि और कविता : कवि नागार्जुन और उनकी कविता "यह दंतुरित मुसकान और फसल"	हिन्दी	0:24:06
सामाजिक विज्ञान (भूगोल)	पाठ-6: विनिर्माण उद्योग-3	हिन्दी	0:19:21
General	Gender Equality (H)	हिन्दी	0:07:22
Science	Chapter 6: Life Processes	English	0:35:12
Mathematics	Chapter- 6: Triangles- 5	English	0:27:51

27 July 2021			
हिन्दी	पाठ-6: कवि और कविता : कवि नागार्जुन और उनकी कविता "यह दंतुरित मुसकान और फसल"	हिन्दी	0:24:06
सामाजिक विज्ञान (भूगोल)	पाठ-6: विनिर्माण उद्योग	हिन्दी	0:23:50
Science	Chapter 6: Life Processes	English	0:35:12
General	Growth & Health (E)	English	0:04:11
Mathematics	Chapter- 6: Triangles	English	0:27:51

28 July 2021			
गणित	पाठ-6: त्रिभुज-3	हिन्दी	0:32:31
विज्ञान	मानव हृदय की संरचना एवं कार्यप्रणाली	हिन्दी	0:07:16
विज्ञान	मानव पाचन तंत्र	हिन्दी	0:08:38
विज्ञान	प्रकाश संश्लेषण के लिए कार्बन डाइऑक्साइड की आवश्यकता को प्रदर्शित करना	हिन्दी	0:11:19
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Nagaland	NA	0:03:29
General	Safe Use of Internet (E)	English	0:05:59
Social Science (History)	Chapter 5: Print Culture and the Modern World-1	English	0:22:38

*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel

*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm

*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

ONE CLASS, ONE CHANNEL

Language (English)	Chapter-6: The Hundred Dresses-II- 1	English	0:19:45
--------------------	--------------------------------------	---------	---------

29 July 2021

गणित	पाठ-6: त्रिभुज-4	हिन्दी	0:39:10
विज्ञान	उत्सर्जन अंग	हिन्दी	0:08:34
विज्ञान	प्राणियों में रेखित पेशियाँ रेशे और तंत्रिका रेशे का अध्ययन	हिन्दी	0:09:54
विज्ञान	सफ़ेद रक्त कोशिकाओं का अध्ययन	हिन्दी	0:04:13
विज्ञान	रक्त समूह परीक्षण	हिन्दी	0:06:24
Cultural Heritage: Art, Music & Dance	Kala Utsav – 2019 Music – Instrumental Competition: Girls: Telangana	NA	0:05:21
Social Science (History)	Chapter 5: Print Culture and the Modern World-2	English	0:24:29
Language (English)	Chapter-6: The Hundred Dresses-II- 2	English	0:15:30

30 July 2021

संस्कृत	पाठ - 6: सुभाषितानि-1	Sanskrit	0:24:51
सामाजिक विज्ञान (अर्थशास्त्र)	पाठ-5: उपभोक्ता अधिकार	हिन्दी	0:24:38
General	व्यक्तिगत सुरक्षा	हिन्दी	0:17:02
Science	Respiration in Living Organism	English	0:08:44
Science	Human Digestive Systems	English	0:06:03
Science	Transportation In Plants	English	0:05:15
Mathematics	An Activity to verify Basic Proportionality Theorem/Thales theorem	English	0:11:17
Mathematics	Similar Triangles	English	0:02:32
Mathematics	To perform an activity to verify the ratio between the area and corresponding sides of two similar triangles	English	0:06:52
Cultural Heritage: Art, Music & Dance	Ajrakh Block Print	हिन्दी	0:07:45

*The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel

*Watch Live programmes on every Friday at 3:00 pm to 4:00 pm

*Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday

31 July 2021			
Urdu	Chapter-3: Bheek	Urdu	0:18:08
हिन्दी	पाठ-6 : कवि और कविता : कवियत्री महादेवी वर्मा और उनकी कविता	हिन्दी	0:28:17
General	व्यक्तिगत सुरक्षा	हिन्दी	0:17:02
Social Science (Political Science)	Chapter 6: Political Parties	English	0:23:45
Social Science (Geography)	Chapter 6: Manufacturing Industries -2	English	0:13:13
Cultural Heritage: Art, Music & Dance	National Role Play & Folk dance - Puducherry	NA	0:09:50

***The channel timings begin at 12 midnight and it will be repeated every 2 hours daily for 11 times to make it 24x7 channel**

***Watch Live programmes on every Friday at 3:00 pm to 4:00 pm**

***Watch Live Webinar on ICT tools (4:00 pm to 5:00 pm) and live counselling session (5:00 pm to 5:30 pm) from Monday to Friday**